

Website to Help Homeless Already Delivering Results

A new website launched last month in Mansfield to support the homeless is already delivering positive results.

www.mansfieldstreetsupport.co.uk

The site went live on 16 December and so far, 648 people have used it and 1,737 pages have been viewed.

Cllr Barry Answer, Portfolio Holder for Housing at Mansfield District Council, said:

"The website is proving a very useful tool in the way we manage support for our street community.

"It is usually Christmas that provides a focus for people to offer support for the organisations that help rough sleepers but actually volunteering and donations are needed all year round.

"Check out what each organisation here is appealing for before giving money to people begging in the street."

The most popular pages on the street support website are the contact pages and pages that detail how people can help by donating time, money, food and clothing. There is now a new section listing the specific needs of individual soup kitchens and help groups.

To highlight the website, a central part of the Mansfield Street Support campaign, the council and its partners are distributing 2,000 beer mats advertising it in venues in the town centre.

The street support initiative is led by Mansfield District Council in partnership with Nottinghamshire Police, Framework and backed by the Mansfield Homeless Network and the town centre Business Improvement District (BID).



L-R, Mansfield BID board member Elicia Parkin; Mansfield BID CEO Nikki Rolls; MDC Neighbourhood Warden Dan Wright; PCSO Richard Chambers; Sorel O'Berg, of the Stag and Pheasant; BID Ambassador Dave Dowson at the Stag and Pheasant, one of the pubs to take the beer mats.

Nikki Rolls, CEO of Mansfield BID, which has part funded the beer mat promotion, said:

"This is a positive start to this campaign and we think the beer mats will be an effective way to spread the word about the campaign. We are urging town centre businesses to display promotional material to help better inform the public."

Paul Anderton, chairman of MALV (Mansfield Association of Licensed Venues), said:

"Often when people are out for the night they will feel tempted to give to people begging in the street. We hope these beer mats will help to highlight where people can make donations to help rough sleepers"

Posters, window stickers, flyers and digital marketing tools are also available from the BID office or by emailing marketingandcommunications@mansfield.gov.uk.

As well as raising awareness of local charities and groups, www. mansfieldstreetsupport.co.uk, signposts where rough sleepers and homeless people kind find support and has a direct link to the street outreach workers.

This frontline team includes a dedicated complex case worker and a specialist in substance abuse, who engage directly with rough sleepers in Mansfield to encourage them to accept help.

Supporting those most in need, day to day, are soup kitchens and special street community surgeries for those with medical needs.

The council is working with local churches and the Derby Mission to run a seven-night-a-week shelter over the winter months, and continues to support a co-ordinated approach through the Mansfield Homeless Network.

If you are concerned about someone who appears to be rough sleeping in your neighbourhood, contact the outreach team on 0800 0665356 or text SOTS to 80800 followed by your message.



NO INCREASE FOR WARSOP PRECEPT

Warsop Parish Council will NOT be increasing the Parish Precept for 2019/2020. After a discussion at January's full council meeting, the council voted on a 0% increase to the Parish Precept.

Warsop & District News

The Council have taken the decision to reduce the amount of issues of Warsop News, the paper that is currently printed 10 times yearly will be reduced and condensed to be printed 4 times per year in special quarterly issues. By reducing the editions, the paper will be more cost effective. The new Warsop & District News will have a brand new look and will be published as follows:

Warsop & District News Deadline 2019/20

Issue in 2019/20 Deadline Dates for Adverts/Articles

June Friday 3rd May 2019

September Friday 2nd August 2019

December Friday 1st November 2019

March Friday 31st January 2020

Market Update

Serious consideration has been taken regarding the continuation of Warsop Market which is held every Thursday on MDC's car park located at the side of the Co-op. After complaints regarding cars leaving the car park on to Clumber street and some turning the wrong way within a one way system, we are working with the District and County Council in looking at the health and safety aspect of the current Market location.

Re locating the market to the clumber street side of the car park could eradicate some of the reported issues, however, such change does come with co-operation with several different parties as well as legal aspects which are to be looked into.

With this in mind the council have voted to continue the running of the current market until the end of the summer and put a temporary closure in place over the winter where all health, safety, legal and positive communication aspects can be dealt with in time for a relaunch in Spring 2020.

Town Hall Extended Opening Trial

Recent figures within the Town Hall user records show that footfall in the council office is low. The Parish Clerk would like to encourage more people to visit the the Town Hall to discuss any issues and answer any questions that our residents may have.

The Council office hours have been extended on a Wednesday for a trial period of 3 months which started on 6th February 2019.

The Town Hall will be open 9-7pm each Wednesday during this time with a Councillor and the Parish Clerk available to answer any questions between the hours of 3-7pm.

The next issue of the new quarterly Warsop & District News publication will be June 2019, the copy deadline for this issue is:

Friday 3rd May 2019

Anything received after this date may not be included.

Please email your advertising or editorials to The Editor at the email address below:

warsopnews@gmail.com

or for further information telephone: 01623 846011

If you have read the front page, you will by now realise that we will stop publishing monthly editions after this issue.

Your Warsop & District news will become a quarterly paper. We will still be featuring relevant news and updates from Warsop and surrounding areas and try to ensure that you are aware of forthcoming events.

In other news, it is pleasing to see that Warsop Parish Council will not be raising the parish precept part of the council tax at a time when many other local authorities have no choice but to.

I'd like to end by wishing all of our readers a joyous spring and you'll next hear from us in the summer!

Editor, Warsop & District News

Promote Your Business by Advertising in Warsop

The best way to reach local people and promote your business is to advertise locally. Warsop & District News is one of the largest free local publications in the area.

6,000 papers are printed and distributed every month.

Approx 5,700 are delivered to every household and business in the Parish of Warsop, the rest are distributed in the library, Town Hall, health centres, dentist, care homes, Meden Vale Charity shop and Cuckney shop.

At a fraction of the cost of some other well known publications you not only reach your target audience but get value for money too.

Rates are as follows:

 Set Sizes
 Quarter page
 130 x 163mm
 £95.00

 Half page
 265 x 163mm
 £170.00

 Full page
 265 x 330mm
 £290.00

Run of paper Ads are charged at £6.00 per column cm. Columns are 8.5cm wide (eg. monthly advertising cost for an 8.5 x 4cm = £24.00)

Single Column up to 15cm

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Triple Column up to 6cm
For sizes above these it's cheaper to have a quarter pag
so call in or phone to ask for a quote. (01623 846011)

With rates like these you can't afford not to!

For advertising prices and article information please contact:

Amanda Cooper

Clerk to the Parish Council

Warsop Parish Council, Church Street, Market Warsop, Nottinghamshire NG20 0AL

Tel: 01623 846011 theclerk@warsopparishcouncil.co.uk

To submit advertising, articles & images: warsopnews@gmail.com

The office is situated in the Town Hall

Opening Times: Mon - Thur 9am - 3pm Fri 9am - 12pm

LEAFLET DELIVERY

We could also deliver your leaflets along with Warsop & District News at very competitive rates to help you reach the people who count

Please call 01623 846011 for more details.

Designed by: Design 2 Studio 07966 007 236
Printed by: Mortons Print Ltd. 01507 523456

GARDENING MONTHLY...



General Tasks and Garden Maintenance

Frosts can still be a hazard, so keep vulnerable plants protected at night if frost is forecast. March winds are also notorious for their ferocity so check exposed plants are well supported.

Now is the time for a thorough spring clean; weed and dig over your borders incorporating as much organic matter as you can - those chilly winds will really help to dry out the soil. Mulch bare soil once you have done the work and remove moss and weeds from paths, terraces and driveways. They may be boring tasks but if you don't get on top of the garden now (especially the weeds!) it will be a nightmare for the rest of the season.

Make new beds and borders - mark the shape with sand trickled from a bottle, remove the top layer of growing vegetation and dig the ground over, incorporating as much organic matter as possible. If you are making a bed in the lawn, remove the turf and stack it upside down somewhere out of the way - after a year or two it will rot down into fantastic compost. Alternatively chop it up and bury upside down in the planting hole a good spade's depth down. Beware - if you just dig it in the buried grass will regrow and regrow and regrow and...

Clean and repair your garden tools, book the lawn mower in for a service and check garden furniture for any rot. When it is warm enough, treat sheds, fences and trellis with wood preservative; brushes and rollers are fine for most things, however a sprayer is well worth buying for tricky projects such as woven panels!

Trees, shrubs and climbers

Plant and move evergreen shrubs, conifers and trees and remember to water them well until firmly rooted in. Plant evergreen hedges such as laurel, yew and box and again keep them well watered in dry spells. A good soak once a week is better than superficial watering on a regular basis.

Feed woody plants with general purpose fertiliser - this applies to roses, trees, climbers, hedges and shrubs.

Feed acid loving plants such as camellias and rhododendrons with ericaceous feed if you are on neutral or alkaline soil. A dose of sequestered iron also helps prevent the leaves turning yellow. (Tip - mulch regularly with fresh or composted pine needles. This can acidify the ground slightly.)

Finish pruning your roses and start spraying them with fungicide to ward against black spot and mildew. Repeat every fortnight until the autumn. Remember that if an infection sets in, all the stricken leaves must be burnt - do not leave them on the compost heap as this will become the perfect incubation site.

Prune hydrangeas - do not remove stems with a bud at the top, but snip off old stems bearing deadheads to just above the topmost healthy bud and remove weak shoots altogether from the base. With established plants, remove some of the older shoots right down to the base - this will keep the plant compact. The latter also applies to forsythia (prune once it has finished flowering by cutting back flowered shoots down to a new shoot further down - all the new growth this season will flower next year) and to flowering currants (Ribes).

Lawns

Keep off the lawn as much as possible whilst it is still wet - damage to waterlogged lawns is easily inflicted. If, towards the end of the month, the weather turns dry and mild, the lawn is firm and the grass is starting to look a little shaggy, give it a very gentle mow with the blades on the highest setting - don't be tempted if conditions are wet! Also, if you are planning a new lawn, now is probably the earliest you could start preparing the ground for seeding or laying turf. Ask for advice in your local garden centre if you are unsure as to how to begin!

Happy Gardening www.thegardencentregroup.co.uk





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THE FIGHT FOR A FRACK FREE WARSOP Warsop is a caring community

When a family of ducks were killed on the road near the Mill Dam, followed more recently by the death of one of our young swans, a groundswell of opinion called for measured to be taken to try to protect the wildlife on The Carrs, resulting in our local and county councillors working to successfully get approval for new signage.



Over the last few years, a lot of work has taken place to put together the Warsop Neighbourhood Plan (WNP) and one thing is very clear from the public consultations: we care very deeply for our countryside, wildlife, historic landmarks, pleasant green spaces and the footpath networks that give us access to them - most people want to see more being done to protect these and to improve our town centre from both an economic and social aspect.

Warsop Neighbourhood Plan

The WNP is an opportunity for residents to have a say over how our community develops and, together with the Local Plan produced by Mansfield District Council, shapes the way in which development takes place over the plan period. Planning applications are considered based on the policies set out in these plans.

Frack Free Warsop (FFW) is hoping that the re-drafted Warsop Neighbourhood Plan will include a vision for a future for Warsop and district which encourages only future development which is sustainable and which strongly safeguards the natural assets we have the privilege to live amongst. One of our natural, although probably mostly unrecognised, assets is the high quality groundwater found in the Birklands area.

The Environment Agency's reports on the state of our groundwater show that they are battling pollution from various sources and high nitrate levels from agricultural fertilizer runoff, plus stress on demand, which will only be made worse by predicted changing weather patterns. Our local Birklands groundwater, due to its high quality, is blended with other groundwater supplies that have much higher nitrate levels, to produce better quality drinking water.



Like our swans, the wildlife on Mill Dam and our other lovely green spaces, the unseen groundwater is worthy of our protection because, without it, everything else is put at much higher risk.

Protect our Water

Protecting our groundwater from any further pollution is a big motivation for the work we do in trying to stop the onset of the fracking industry in our area. We have already seen how heavily polluted water from drilling sites can saturate surrounding land and

On this issue, the government takes the simplistic stance that fracking takes place far below the depth of the groundwater reserves so will not cause a problem. The issue is far more complex than that, with geology reports showing that toxic fluid from fracking processes can move along faulted geology; indeed, lubricating the fault in this way can be one of the causes of earthquakes, as a lubricated fault moves more readily. If that fault then goes through an aquifer, is it unreasonable to worry that the aquifer could be at risk of irreversible pollution? Due to our mining history, our local area is already a zone of high earthquake activity, bringing even more risk of damage to wells that go through the aquifers – have a look at the British Geological Survey map showing earthquake history at http://mapapps.bgs.ac.uk/geologyofbritain/home.html?.

Also, it is a fact that all wells drilled fail eventually - those passing through our aquifers will pose a particular problem for future generations, especially when, under current laws, the onus for any work to put right damage to the environment caused by abandoned wells falls to the landowner, after the companies that took their profit from the gas have gone out of existence.

We can all play a part in protecting our communities from the risks brought by industries that have a tunnel-vision priority of extracting profit at any cost. We need to contact the people who are in charge of making these decisions - government ministers, local and planning authorities; either by writing to them or by taking part in public consultations at every opportunity, to demand that they are doing all they can to protect, enhance and conserve the countryside that sustains us. And we need to maintain that pressure until they take the appropriate action to safeguard our water, our air quality, our wildlife and our health from the risks these industries bring.

The Localism Act

"The Localism Act 2011 (c. 20) is an Act of Parliament that changes the powers of local government in England. The aim of the act is to facilitate the devolution of decision-making powers from central government control to individuals and communities." Wikipaedia Wikipaedia

Neighbourhood Plans came about through the Localism Act, to give communities direct power to develop a

"shared vision for their neighbourhood and shape the development and growth of their local area" Gov.uk website

By including stronger provisions for the protection of our countryside and wildlife in the Local Plan and the Neighbourhood Plan, the community will have a firm base from which to try to control the impact of development in our area. Please take every opportunity to take part in future surveys and consultations to ask for more safeguards for our water, air quality and green spaces. We feel that an important weapon in protecting our countryside from

unsuitable, unsustainable development is by becoming involved in the planning process from the ground up.

FFW take the stance that a really good way to truly protect our groundwater is not to allow the drilling of hundreds of wells through the aquifer! We cannot drink toxic water. We cannot use toxic water to grow our crops. The increased demand from fracking operations will further impact the already stressed water levels in our area does anyone really want a to live with hosepipe bans and dying oaks in the forest, whilst Ineos are taking all the water they need to extract gas to feed their petro-chemical plant, making more plastic to pollute the world?



TAKE ACTION

If we want to protect something, we have to take action. That means all of us. It is hard to ignore all the warnings about climate breakdown when we are already starting to see the changes, yet nothing much seems to be happening,

Where is the legislation to reduce fossil fuel use?

Where is the increased investment in home energy efficiency and renewable energy sources or in tightening up energy efficiency in new build homes?

This can only be because we are not shouting loudly enough. We are too distracted with Brexit on the TV and the demands of earning a living and bringing up our families but we must keep sight of the fact that, without a healthy, well-sustained environment, there is a time limit on how long these things we take for granted can exist.

Please take action:

contact your MP, your local Councillors (contact details in this paper) or even just chat with your family and friends about what you could do to help protect our environment. Start looking into what impact our everyday activities has - the ripple effect on the world. But the big changes have to come from our governments - they need to know that we are no longer happy with the way they have treated the environment; that we want a thriving planet, not one that is rather quickly dying from the impacts of human activities and that is in your hands.

Should you wish to find out more about any of the issues above, there is lots of information on the internet - have a look at the Drill or Drop/Friends of the Earth websites for starters, or just google fracking.

If you want to find out more about fracking, earthquake and pollution risk to your health and property, there is a presentation at Teversal Manor Room, Teversal Village, hosted by Frack Free Ashfield, starting at 2.30pm on Saturday 16 March, 2019: all welcome.

To chat with someone about any of the issues, please come along to the Frack Free Warsop meetings, held on the third Wednesday of the month in the back room of The Plough, or have a look at the display in the Foyer at the Town Hall. More details on our website at frackfreewarsop@wordpress.com.

Many thanks to Bill Power for permission to use his beautiful, early-morning photos of The Carrs.



Look what's on at your Town Hall • Look what's on at your Town Hall

Warsop Town Hall Services

OPENING TIMES

Monday - Thursday 9.00am - 3.00pm Friday 9.00am - 12noon

For all enquiries telephone:

Town Hall Reception on 01623 845858 or The Town Hall mobile on 07821783358

Big Warsop Office Open Thursdays 9am-3pm



CAB face to face drop in service



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For more information call INFOTECH on:

01623 846794

- Computer Training
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- Non-IT training
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Mansfield District Council Housing Surgery Every other week - Wednesday 9.30-12pm



NEW business card advertising board. Pin your business card on it for £10 for 6 months.

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Black & White A4 10p

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FREE DOG POO BAGS

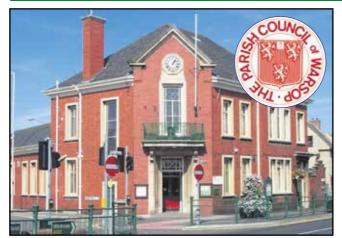
WARSOP POLICE TEAM

Please see Police Update for contact details.

LOST PROPERTY OFFICE - at Reception

Report lost and found - hand in any found items. Items will be kept for 1 month, if not claimed within that time they will be donated to a charity shop.

WARSOP PARISH COUNC



WARSOP PARISH COUNCIL MEETINGS FOR 2018

Members of the public are welcome to all meetings. To be held upstairs in the Council Chamber in Warsop Town Hall at 6.30pm.

Monday 18th March **Monday 15th April** Monday 13th May Monday 17th June Monday 15th July

No meeting in August **Monday 16th September Monday 21st October Monday 18th November** No meeting in December

Contact the Clerk for more information. Available Monday, Tuesday, Wednesday & Thursday 9am to 3pm

Telephone: 01623 846011/07821783358

Warsop Parish Councillors

CHAIRMAN - Councillor Jen Cockroft,

20 Bainbridge Road, Market Warsop, Mansfield, Notts. NG20 0ND. Tel: 07712694303 Email: jennifer_cockroft@yahoo.com

VICE-CHAIRMAN - Councillor Andy Burgin,

(also Mansfield District Council) 57 Sycamore Street, Church Warsop, Mansfield, Notts. NG20 0TL Tel: 07843 675765 Email: aburgin@mansfield.gov.uk

Councillor John C Allin, 11 Gleadthorpe Cottages, Netherfield Lane,

Meden Vale, Mansfield, Notts. NG20 9PE. Tel: 01623 842758 Email: Johnmavisa@googlemail.com

Councillor Andy Wetton,

(also Nottingham County Council and Mansfield District Council) 11b Sherwood Street, Market Warsop, Mansfield, Notts. NG20 OJP.

Email: andywet29@gmail.com or cllr.andy.wetton@nottscc.gov.uk

Councillor John Kerr,

(also Mansfield District Council)

8 King Road, Market Warsop, Mansfield, Notts. NG20 0BH. Tel: 01623 845315 Email: jkerr@mansfield.gov.uk

Councillor Sean Dale.

31 Princess Avenue, Warsop, Mansfield, Notts. NG20 0PY. Tel: 07962986169 Email: seandalecllr@gmail.com

Councillor Linda Davis,

5 Wood Street, Warsop, Mansfield, Notts. NG20 0AX. Tel: 07527836522 Email: lindamedavis@outlook.com

Councillor Sharron Adey,

(also Mansfield District Council) 170 Beck Crescent, Mansfield, Notts. NG19 6SW. Tel: 07988756095 Email: sadey@mansfield.gov.uk

Councillor Roy Butler,

6 The Hawthorns, Warsop, Mansfield, Notts. NG20 0DP Tel: 01623 842605 Email: butlerroy240@gmail.com

Councillor Debra Barlow

64 Marples Ave, Mansfield Woodhouse, Notts, NG19 9HB Tel: 01623 367002 Email: debra.1965@icloud.com

Councillor Grant Simpson

3 Short street Warsop, Mansfield, Notts NG20 0QD Email: Grant@sport4kidz.co.uk

Clerk & Proper Officer - Mrs Amanda Cooper, Available Monday, Tuesday, Wednesday & Thursday 9am to 3pm Warsop Parish Council, Town Hall,

Church Street, Market Warsop, Mansfield, Notts. NG20 OAL Tel: 01623 846011 E-mail: AMANDA (theclerk@warsopparishcouncil.co.uk)

PARISH COUNCIL MEETING

A full set of minutes for the meeting which was held in the Council Chamber at Warsop Town Hall on 18th February are available by contacting The Clerk, Amanda Cooper at theclerk@warsopparishcouncil.co.uk or visit the website:

www.warsopparishcouncil.co.uk

Ben Bradley MP backs Great British **Spring Clean**

Ben Bradley MP has pledged his support for this year's Great British Spring Clean, run by environmental charity Keep Britain Tidy.



The campaign, which runs from March 22nd to April 23rd, will see up to half a million people taking action to clean up streets, parks and beaches across the country.

The Great British Spring Clean brings together individuals, community organisations, businesses and councils to make a difference to the environment on our doorstep and in 2018 around 370,000 #LitterHeroes collected more than 630,000 bags of rubbish. Commenting, Ben Bradley MP said:

"I'm looking forward to taking part in the Spring Clean campaign and working with the community to tackle littering in Mansfield and

"It is a shame when litter blights our town and it can spoil our enjoyment of the fantastic areas Mansfield and Warsop have to offer. It is also incredibly expensive, costing local councils hundreds of millions of pounds a year to clear up. So I think it's a great idea if we can all do our bit to think about the impact dropping litter can have and how the time and resources could be used elsewhere.

"My local team spend at least one morning a month picking litter. They've also made a pledge that after the election, all of our Councillors will commit to picking litter and taking part in community events every week. I'm really pleased to see my team getting involved locally and I hope that this year's Great British Spring Clean is the biggest yet!'

Keep Britain Tidy Chief Executive Allison Ogden-Newton said:

"The Great British Spring Clean is an opportunity for the millions of people who care about the environment on their doorstep to do something positive that will make a visible difference.

"Regardless of politics, everyone can agree that tackling the litter pollution that despoils our country is something we should all support and it is fantastic to have the support of Ben Bradley MP to help us reach our target of getting 500,000 people out, taking action to clean up every

BEN BRADLE **DROP-IN SESSIONS & SURGERIES**

Ben Bradley MP is holding weekly drop in for constituents at Warsop Town Hall on Thursdays, 10am - 1pm To book an appointment either telephone 01623 372016 Or email ben.bradley.mp@parliament.uk



WARSOP UK ONLINE CENTRE LOCATED IN WARSOP TOWN HALL



Run by WARSOP INFOTECH GROUP



FREE LEARN MYWAY COURSES

Come to any Infotech drop in session to find out more or call in Monday - Thursday 9.30am - 3pm and Friday 9.30am -12.30pm

INFOTECH COURSES AT WARSOP TOWN HALL

COURSES	Provider	Day	Start Time	End Time	Start Date	Weeks	Course Fee
INTRODUCTION TO COMPUTER SKILLS	WEA	Mon	9.30am	11.30am	29th Apr	11	£84.70 * see below
IMPROVE YOUR COMPUTER SKILLS	WEA	Mon	12:45pm	2:45pm	29th Apr	11	£84.70 * see below
CREATE A CARD	INFO	Mon	10:00am	12.30pm	твс	Weekly	£2 per week
AROMATHERAPY	WNC	MON	12:45pm	3pm	25 [™] Feb	6	£48.00 * see below
SPANISH IMPROVERS NEXT STEPS	WEA	Mon	6:00pm	8:00pm	29th Apr	11	£84.70 * see below
INFOTECH DROP-IN	INFO	Mon	6.30pm	8:30pm	* ALL YEAR EX HOLIDA		Yearly Membership £15.00 required
IMPROVE YOUR COMPUTER SKILLS	WEA	Tue	9.30am	11.30am	23 rd Apr	11	£84.70 * see below
INTRODUCTION TEACHING ASSISTANT	ATTFE	Tue	9.30am	11.30am	TAKING BOOKINGS	6	£48.00 * see below
SPANISH BEGINNERS	WEA	Tue	6:00pm	8:00pm	23 rd Apr	11	£84.70 * see below
INFOTECH DROP-IN	INFO	Tue	1pm	4pm	ALL YEAR EX HOLID		New members welcome
INTRODUCTION 2 WINDOWS 10	WEA	Wed	9:30am	11:30am	TAKING BOOKINGS	6	£46.20 * see below
IMPROVE YOUR SEWING SKILLS	WNC	Wed	9:15am	11.45am	TAKING BOOKINGS	6	£10.00 per week * see below
SEWING BEE	WNC	Wed	9:15am	11.45am	24 th Apr	6	£10.00 per week * see below
COMPUTER SKILLS EMPLOYMENT	WEA	Wed	12:45pm	2:45pm	24 th Apr	11	£84.70 * see below
SPANISH ADVANCED	INFO	Wed	6pm	8pm	24 th Apr	11	£84.70 * see below
INTRODUCTION TO USING A DIGITAL CAMERA	WEA	Thurs	9.30am	11.30am	8 th March	8	£11 Per Week Fee Payable by all Learners
FAMILY HISTORY WORKSHOP	INFO	Thurs	1.30pm	3.30pm	10th Jan	11	£2 per week
Psychology	WNC	Thurs	1.00	3.00pm	25 th Apr	5	£40.00 * see below
Jewellery Making	WNC	Thurs	1.00	3.15pm	6 th Jun	5	£45.00 * see below
INFOTECH DROP IN	INFO	Thurs	6.00pm	8.00pm	ALL YEAR EX HOLID		New members welcome Yearly Membership £15.00
INFOTECH DROP - IN	INFO	Fri	9.30am	12.00pm	ALL YEAR EXCEPT BANK HOLIDAYS	NEW MEMBERS WELCOME	New members welcome Yearly Membership £15.00
SELF DEFENCE COURSE	ATTFE	TBC	TBC	TBC	TAKING BO	OOKINGS	твс
INTRO 2 MATHS	ATTFE	TBC	твс	твс	TAKING BOOKINGS	16	твс
INTRO 2 ENGLISH	ATTFE	твс	твс	твс	TAKING BOOKINGS	16	твс
MAKATON	твс	твс	твс	твс	TAKING BOOKINGS	6	£4.00 Per Hour
INTRODUCTION TO ITALIAN	твс	твс	твс	твс	TAKING BOOKINGS	6	£4.00 Per Hour

Course fees: West Notts College £4.00 per hour, Workers Educational Association £3.85 per hour Courses free if on most benefits PLEASE BRING PROOF WHEN ATTENDING FIRST LESSON























For further details contact - Tel: 01623 846794 Email: warsopinfotech@yahoo.co.uk • Website: www.warsopinfotech.org.uk



COURSE INFORMATION

INTRODUCTION TO COMPUTERS

This course is for beginners who wants to learn basic skills on a computer. You will cover different aspects of computing. No previous knowledge needed. Learn at your own pace.

Learn how to design and make fabulous handmade cards using Invert age piromage, quilling, toppers and other design options.

IMPROVE YOUR COMPUTER SKILLS (AM)

This course will show you how to put together a professional looking document, spreadsheet, database or PowerPoint presentation and improve your general IT skills along the way.

INTRODUCTION TO TEACHING ASSISTANT

Waiting for further Information from West Nottinghamshire College

IMPROVE YOUR COMPUTER SKILLS (PM)

This course will show you how to put together a professional looking document, spreadsheet, database or PowerPoint presentation and improve your general IT skills along the way.

COMPUTER SKILLS FOR EMPLOYMENT

In this workshop, you can increase your skills in software applications to complete and manage documents to the standards necessary for CLAIT, a national qualification that is very relevant to the workplace.

INTRODUCTION SPANISH (ABSOLUTE BEGINNERS)

This course will introduce you to the Spanish language using everyday words for everyday items like milk (leche) sugar – azúcar. Our Tutor is Maira Cortez who has been teaching here for several years and is highly respected by all her students.

SPANISH ADVANCED

Learners who wish to enrol on this course need to have attended our other courses on Spanish or have regularly been speaking Spanish either as part of their occupation or have lived in Spain.

FAMILY HISTORY WORKSHOP

Learn how to trace your family History using the internet and CD's, learn how to produce certificates using publisher and build your family tree it maybe you are new to family history and do not know where to start or look for information

INTRODUCTION TO WINDOWS 10

This class is for both beginners and people with a varying range of experience in IT that might be thinking of getting a digital camera and would like to learn how to use it. As the title suggests, this class will $% \left\{ \left(1\right) \right\} =\left\{ \left$ show you how to take a good quality photo then how to edit and save and how to produce the perfect printed photograph. Learners can use their own cameras.

SEWING REE

Learn tips and tricks to create beautiful garments. We are going to make samples of your work using step by step instruction sheets. This course will teach you the basics of using sewing machines showing different techniques to seam and hem garments, adding pleats, frilling and

*WE ARE TAKING BOOKINGS FOR FOLLOWING COURSES

Makaton, Understanding Special Needs (ideal for anyone working with children).

Please note beginners courses will only run if minimum number of 8 students enrol and turn up to course.

For next steps and advanced courses will only run if minimum of 10

We work really hard to try and get a wide range of training courses to run locally at Warsop Town hall, so please show your appreciation and come along.

Let us know if there are subjects we do not run but you would

*Please Note Resource Fees may be payable on some courses: ALL LEARNERS MUST PAY THIS WHETHER ON BENEFITS OR NOT

Current HOURLY course fees

West Nottinghamshire College and Academy Transformation Trust / ACLS £3.00 - Workers Educational Association £3.80 per hour.

Changes to how late enrolments on W. E. A. courses

Late joiners. Providing that the date on which the student joins the course still qualifies the WEA for Skills Funding Agency funding, late joiners can join a course subject to educational considerations regarding the course content (including whether it is accredited or not) and whether a student is likely to achieve worthwhile learning outcomes from the remaining sessions. The full course fee is payable by late joiners. In the event that a late joiner subsequently wishes to withdraw from a course the Refund Policy applies and the first session they joined from should be used as the start date when applying the Policy and refund criteria.

Courses may be free if on most benefits or if total household income is less than £15,236.00.

Information correct at time of going to print.

Ben Bradley MP Education Concerns

Ben Bradley MP discusses Vision West Notts College at Education Questions when he recently attended Education Questions at the House of Commons.

Ben raised his concerns about problems and previous mismanagement at Vision West Notts College to the Rt Hon Anne Milton MP, Minister of State for Apprenticeships and Skills.

Ben asked the Minister for assurance that the core purpose of the college in terms of delivering local provision is secure and that there will be accountability for the problems that have happened.

The Minister responded by acknowledging how hard Ben has fought behind the scenes for support at West Notts College and provided assurances that the SFA and the FE commissioner's office is working closely with the college to ensure that it continues to offer excellent further education to local people. Commenting, Ben Bradley MP said:

"I was pleased to have the opportunity to discuss local concerns in Mansfield and Ashfield about the future of West Notts College which, due to previous mismanagement, found it had overreached financially and made capital investment that weren't sustainable.

"I have weekly conversations with the Department about the ongoing issues there and I am optimistic that new governance is doing well in balancing the books. However, I still remain concerned about things like the closure of nursery facilities on site

"I'll continue to have conversations with the Department that I will share when I can, but I wanted to publicly assure local residents that the college is working with FE Commissioners and is going to be sustainable and provide local education across Mansfield and

On a later date Ben Bradley MP also quizzed Damian Hinds MP, the Secretary of State for **Education at a session of the Education Select Committee.**

Ben asked the Secretary of State for Education a number of questions including on Special Educational Needs provision, careers advice and Brexit planning.

The Secretary of State responded to Ben's questions with a number of important points

- The Government is keen to ensure that children have access to good quality advice on the wide range of career options that are available including apprenticeships. The Secretary of State spoke of the importance of further learning opportunities beyond university education such as colleges and other learning providers which can provide different career opportunities
- The Department for Education is well prepared for Brexit. It has been looking at a number of areas including British students studying at oversees universities and those that participate on exchanges or study abroad programmes.
- Ministers are looking at the ways in which schools can be supported in terms of Special Educational Needs provision including sharing best practice guidance for behaviour management and ensuring that proportionate and constructive behaviour management programmes are in place in all schools.

Commenting, Ben Bradley MP said: "I was pleased to have the opportunity to question the Secretary of

State at the Education Select Committee meeting on Wednesday. As a member of the committee, I am able to directly quiz the Minister on educational issues in detail which is a good chance to raise topics that are important locally in Mansfield.

"I asked the Minister about careers guidance and special educational needs. Both of these issues have been raised with me directly by local parents in surgeries but also by teachers when I have visited schools across Mansfield and Warsop. The Government is working hard to support apprenticeships and technical education but there is still more to do.

"It was also good to have the chance to discuss special educational needs and behaviour management with the Secretary of State. Mansfield has a high number of students requiring extra support in schools and I am pushing the Government to ensure that the necessary funding and support is available in Nottinghamshire so that all children receive the support that they need to thrive in

What's Happening at Sherwood? Sherwood Junior

The New Year is well under way and Christmas seems a distant memory now especially as the children and staff at **Sherwood Juniors have been incredibly** busy in the first few weeks of the new term. Here is a brief roundup of the exciting things we've achieved so far!



Sherwood Children Make A Splash For Safety

On Monday 21st January we were lucky enough to have representatives from Mansfield 735 Diving Club visit Sherwood to talk to the children about scuba diving and snorkelling. As part of a competition, children were invited to design items which might help improve the safety for a person in the water. This resulted in a fantastic array of ideas which included clothing to help make them visible under water, or on the surface, or equipment to help in an

The winning designs included an emergency wrist band that identifies to boats where the diver has surfaced, a wetsuit with built in lights to make a diver more visible at the surface and a night

The winners of the competition will get the opportunity to try scuba diving or snorkelling with Mansfield 735 Diving Club.

Craft it, Shake it, Make it!

Sherwood children enjoyed participating in a competition during their school day on Monday 28th January. The competition brought together the Geography and Music curriculum when we set the children a challenge of designing and making a musical instrument from recycled materials.

The children brought in a wealth of rubbish from home to work with. Thank you to all parents for their support in providing us with the materials for our project. Great fun was had by everyone, and the children were very successful in creating a range of musical instruments - from rainmakers to guitars! Some children even managed to play their instruments in a class 'rubbish orchestra' to celebrate their achievements. We thought they were far from 'rubbish' though! Well done children!



Community Lunch

On Thursday 31st January, Sherwood invited members of the local community to attend a special lunch hosted by a group of Sherwood's spectacular pupils. Our guests enjoyed a delicious dinner followed by plenty of fun and games led by our fantastic pupils. It was an all-round success and we cannot wait for the next Community Lunch!

Sherwood Sport



Sherwood gains new Games Crew for 2019

It's been a slightly quieter few weeks in terms of competitions for the children, especially after such a busy Autumn term. Instead, we have given 8 marvellous pupils from year 5 the opportunity to become Schools Games Leaders and undergo their first steps of training. On Tuesday 22nd January, the children went to Vision West Nottinghamshire College for an intensive yet incredibly fun afternoon where they also had the chance to work with Secondary and College level leaders a chance for them to see where their first steps could lead. They came away with a plethora of ideas and enthusiasm to see Sherwood's pupils getting more active through new and exciting ways that THEY could organise. They will now begin working closely alongside Mrs Bradbury to set their wonderful wheels in motion!



Cross Country Championships

For the first time in Sherwood's history, the school saw 4 brilliant athletes attend the Cross Country County Championships at Wollaton Hall. The course stood up to expectation and really tested our fantastic four, who put in sheer grit and determination in each of their runs. We are exceptionally proud of them!

Well done: Elizabeth Harrison, Jacob Steed, Mitchell Smith and Joshua Harrison.

Spotlight on Our Team

Hello, I am Eleanor Bennett and I am one of the Year 3 teachers at Sherwood Junior School

This is the first school I have worked in since completing my training at the University of Nottingham, and so far I am thoroughly enjoying being part of the team here.

My interests include medieval history, I have recently spent an afternoon with my class discussing how archaeology helped uncover Richard III in a car park and from there, what each role an archaeologist may have to undertake to identify someone.

I particularly love these types of discussions as they remind me of my time at the University of Winchester studying History.

My hobbies outside of school are sewing felt animals, worry dolls and bears. I'm an avid reader and I currently have about six unread books on my nightstand at the moment waiting to be picked up after I finish my current one!

I love coming into school each day and hearing what the children have to say to me in the morning, especially when they go on adventures at the weekend and want to share their pictures with the class!





Local Mums Rate King's Mill Hospital Best in the Region for Giving Birth

New mums have rated King's Mill Hospital as the best hospital in the East Midlands for giving birth, as well as the best in the region for the staff that helped them to deliver their babies, according to a recent patient satisfaction survey.

New data from the Care Quality Commission's (CQC) national survey of maternity experience shows that Sherwood Forest Hospitals, which runs King's Mill Hospital, is the best performing Trust in the local area when it comes to women giving birth (joint with United Lincolnshire Hospitals) and joint best for maternity staff.

Some of the areas that the hospital scores highly in include the promotion of skin to skin contact after birth, partners being able to be involved in the birth as much as they want to be, and staff treating new mums with respect and dignity during the birth and speaking to them in a way that they understand.

The survey also asked new mums how they felt about the antenatal and postnatal care they received. Women were particularly impressed with the way they were given time at antenatal check-ups to ask questions and discuss their pregnancy and their ability to be involved in making decisions about their care. Once their baby was at home, new mums reported having confidence in the midwives that visited.

The national survey asked 17,611 mums across the country who gave birth in February 2018 about their experiences. The data covered 129 NHS Trusts and a total of 93 responses came from women who had given birth at King's Mill Hospital.

New mum Samantha Appleby, 32 from Tuxford, gave birth to baby Seth today at King's Mill Hospital. She praised the hospital and its staff. She said:

"My whole birth experience has been a positive one at King's Mill Hospital. As soon as the baby was born I was strongly encouraged to have skin-on-skin contact, which is important, and all of the staff that we encountered have been reassuring throughout. My partner Dan was also encouraged to be involved at every part."





Samantha's partner, Dan Qupit, 30, was at Sam's side throughout the birth. He added:

"It was important to me that I was involved in the birth and I was able to encourage Samantha as well as get involved in supporting her in different positions, which helped to keep her calm. I was also given the opportunity to cut the cord which made me feel involved as sometimes dads can feel a bit helpless when it comes to the birth.

"All of the staff we have encountered whilst we have been here have made us feel very welcome, they have all introduced themselves, spoken to us kindly and have been reassuring. It's also been nice how staff have spoken to me too and explained what is happening, rather than just to mum."

Deputy Divisional Head of Nursing and Midwifery at Sherwood Forest Hospitals, Penny Cole, said:

"We're very proud to have been recognised as one of the top Trusts in the region for giving birth and that it's based on feedback from our new mums. The care that we provide to women and their babies, and the experience they have while giving birth with us, is very important to us and these findings are testament to the hard work and dedication of our maternity team.

"It's important to us now that we look at the findings in detail and celebrate what we are doing well, but also looking at where we haven't scored quite as well as we would have hoped and put improvements in place to ensure that we're giving new mums, their partners and babies the best experience possible."

Details of the survey can be found on the CQC website.

Warsop MP Discusses Support for Fathers During Westminster Debate

Ben Bradley MP recently attended a Westminster Hall debate on 'Supporting Fathers in Early Parenthood'.

During the debate, Ben talked about his own experiences as a new father, not being allowed to stay with his new baby in hospital outside of visiting hours, and the difficult emotions he experienced watching his wife bond with his son.

These challenges were echoed by other MPs who spoke about difficult situations in their own lives.

Ben highlighted the issues that many new fathers face and the importance of ensuring that support is available, especially for working class and low income fathers where finances add an additional pressure.

Ben spoke about the importance of early intervention services to help families and ensure that they are not left to deal with issues alone. He also asked the Minister to look at the ways in which barriers can be reduced between social services, health care providers and local authorities to ensure a joined up approach and an efficient use of funding.

The Minister, Jackie Doyle-Price MP responded to the debate. She acknowledged the challenges that fathers often face and spoke about the Government's work to invest in facilities in maternity hospitals to ensure that fathers can stay in post-natal units. She also spoke of the importance of ensuring that health visitors look to support fathers as part of their regular visits and contact in the early years of a child's life.

Commenting, Ben Bradley MP said:

"It was good to have the opportunity to discuss early parenthood and support for fathers in Parliament. In my speech, I recalled some of my own experiences as a young father of two boys.

"The debate was not to detract from the challenges of motherhood in any way but offered a chance to highlight the challenges and barriers that also exist for men which are often overlooked. I think sometimes men are reluctant to talk about the emotions they feel in these situations, and often feel like a bit of a 'spare-part' in those early days as attention is quite rightly focused on new mothers.

"It is equally important though to highlight the challenges faced by fathers and offer support. We know that young men have the highest rates of mental health challenges, partly because they don't tend to talk about it, and we know that children are best supported with a male role model in their lives. We need the services to back that up."

Are You Registered to Vote Yet?

People in the Mansfield district have until 12 April to register to vote if they want to have their say in the local government elections in May.

Thursday 2 May will be election day when local people will be able to choose who they want as the their Mansfield District Councillor, Warsop Parish Councillor and Executive Mayor of Mansfield

People who have not yet replied to written requests to register to vote, will be getting a knock on the door between now and mid March from Mansfield District Council canvass officers encouraging them to respond.

Council canvassing staff will be trying speak to people in person to encourage them to register to vote and if unsuccessful in gaining contact, will deliver a final reminder form.

The canvassers, who carry official Mansfield District Council identification, will not ask to enter residents' properties and will assist residents to complete the form on the doorstep. Some canvassers will be using portable electronic devices to collect information.

Hayley Barsby, Electoral Registration Officer at Mansfield District Council, said:

"With the district, parish and mayoral elections this year, make sure you have your chance to vote. Registering is very quick and easy."

For further information, residents should contact the Elections team on 01623 463345. Registering to vote can also be done online at www.gov.uk/register-to-vote.

The Friends of Thynghowe Thynghowe and the forgotten heritage of Sherwood

As spring approaches, we are preparing for our final visits to the forest before bracken, brambles and breeding birds restrict our activities.

On Saturday 9th March, we will be walking around Whitwell Wood looking at the archaeology in these woodlands. We will inspect some remarkable earthworks that are near the on the Mercia-Northumbria border and speculate on the location of Whitwell Gap that was mentioned in this Anglo-Saxon Chronicle entry for the year 942 - "Here King Edmund, lord of the English, guardian of kinsmen, beloved instigator of deeds, conquered Mercia, bounded by The Dore, Whitwell Gap and Humber river ". If you would like to join us, we will be meeting at 10am in the Whitwell Wood lay-by on the A619. This Walk should be around 3 or 4 miles, mainly on good woodland paths with a few short detours into the woods to explore interesting

On Friday 22nd March we are joining the Forestry Commission for the last of this winter's landscape management sessions in the forest. So far this winter we have cleared the northern slope of Thynghowe, planted more hawthorn whips to extend a hedgerow, cut back vegetation from the side of paths and created a halo around an ancient oak by sawing off the birch trees that were growing too close. If you would like to take part, we will meet at 10am at the Warsop Windmill forest barrier before driving to the site.

You are welcome to come along to our final events before our summer break. These are the events that often introduce newcomers to our project.

The Annual Perambulation to Thynghowe on Saturday 27th April is a guided walk through the forest taking in many historic features on the way before continuing the ancient tradition of assembling on Hanger Hill.

The Viking Spring Thing held at Sherwood Pines over the weekend of 11th and 12th May will once again include a living history camp displaying everyday skills from the Viking Age along with conflict between warriors in the arena. A fascinating family day out in a great woodland setting!

More details of these events and maps are on fotevents.wordpress.com



You can find out about our activities from our website and Facebook page and you can email us on thynghowe@warsopweb.co.uk or contact us by phone on 846281.

The Vikings of Sherwood project is supported by the National Lottery through the Heritage Lottery Fund.

www.thynghowe.org.uk www.facebook.com/Thynghowe

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between 22 April 2016 and 26 May 2017



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Top Gear presenters Freddie Flintoff, Paddy McGuinness and Chris Harris in Mansfield Market Place

Top Gear Comes to Mansfield

On Sunday 10 February, BBC Top Gear's new presenting line-up of Freddie Flintoff, Paddy McGuinness and Chris Harris were in Mansfield filming for an episode of the hit BBC Two show.

Lancashire lads Paddy McGuinness, the primetime entertainment host and comedian, and former Ashes-winning England cricketer and TV presenter Freddie Flintoff, joined motoring journalist and racing-driver Chris Harris to investigate the pros and cons of electric cars.

The programme, which has an estimated global television audience of 350million, filmed in Mansfield Market Place before the trio and several professional drivers drove circuits around the inner ring road Scenes were also shot inside the Four Seasons multi-storey car park.



Executive Mayor Kate Allsop was invited to wave the flag at the start and finish of the race. There was plenty of action and the smell of burning tyres as seven cars in total drove around the town centre.

Freddie slightly lost control of his vehicle and crashed into an empty market stall - nobody was hurt. This shows why the most important thing when holding a driving event like this in a town centre is ensuring people are safe, which is why this couldn't be publicised. The Mayor said:

"Mansfield District Council wants to create a destination for living, working, investing and visiting and events play a key role in putting the town on the map.

"Opportunities such as being chosen as a location for the world's biggest motoring entertainment show put a positive spotlight on the district and this was an offer we couldn't turn down.

"It is very appropriate that the theme was electric vehicles as we are installing electric charging points in the Four Seasons and Toothill Road car parks this spring.

"We are sorry for any inconvenience caused and hope everyone will understand why it was top secret and will agree that it was worth a few hours of mostly minor disruption to put Mansfield on TV in front of an estimated global audience of 350 million.'

Cllr Dave Saunders, Portfolio Holder for Regeneration and Growth, said:

"Following the success of hosting Tour of Britain twice, and other major events like our Big Switch On, that attracts about 10,000 visitors throughout the day, this again shows what Mansfield is capable of hosting. We are a destination that welcomes a variety of events and enables visitors to see all that we have to offer in our prime location in the heart of Sherwood Forest."

Mike Robinson, Director of Economic Growth, said:

"We worked with Mansfield BID and Four Seasons Shopping Centre to try to inform businesses about the road closures in advance and ensure their staff could make alternative parking arrangements.

"We enjoyed reading the many theories on the council's Facebook post about what was happening! We are sorry we couldn't say more but we were sworn to secrecy by the BBC who had concerns over safety if a large crowd had turned up to watch. Public safety is of paramount importance and there was a real risk that filming wouldn't have gone ahead if word had got out in advance. Thank you to those who worked with us for keeping your lips sealed!"

The district council facilitated the filming along with Nottinghamshire County Council's highways team and Via, the county council's highways management provider. BBC Studios covered the costs directly related to hosting the event.

The new-look presenting line up recently started filming Series 27 of the BBC Two show, which will premiere later this year. The current lead host Matt Leblanc leaves the show after the next series, which is screened on BBC Two and BBC iPlayer.

Keep your eye out for news in the coming months about when Mansfield will feature.

In the meantime you will be able to see a sneak preview of some behind-the-scenes footage and photos on our Facebook page @ mymansfielduk.



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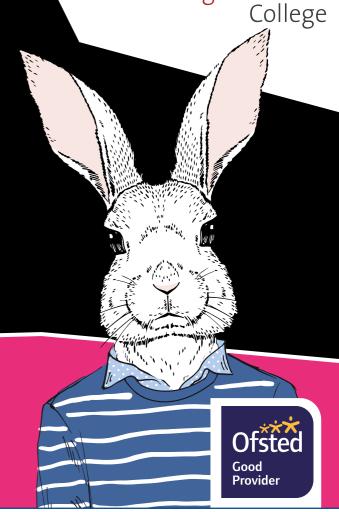
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Executive Mayor Kate Allsop presents Claire Harris of the Emily Harris Foundation with £2k cheque from the Robin Hood Lottery Community Fund

Giving a Little Love

Back to the Mansfield Community

Mansfield District Council has distributed over £12,000 from the **Robin Hood Lottery Community Fund.**

Twelve local good causes have been successful in their applications to the community fund in the first tranche of bidding which was announced by the Executive Mayor Kate Allsop in November last

The amounts of funding given ranged from £500 to £2,000 and will be used to support activities across Mansfield district.

Mayor Allsop said:

"I am delighted that the Robin Hood Lottery is giving direct benefit to local charities and good causes. The Community Fund has been used to give a bit of extra help, including counsellors in hospital wards, ICT equipment for educational use, and even help to rehome rescue dogs."

The council established the local lottery to bring additional funding to the community.

From every £1 lottery ticket sold, 60p goes to good causes and the remaining 40p goes into prize money and paying the lottery organiser, Gatherwell.

Of the 60p for charities, 10p goes into the Robin Hood Lottery Community Fund and 50p is given to registered good causes and nominated to benefit by individual lottery players. If players do not nominate any cause to benefit, then that 50p will also go into the Community Fund.

The Emily Harris Foundation supports the Neo Natal Unit at Kings Mill Hospital. They received £2,000 from the Robin Hood Lottery Community Fund.

Clare Harris, the Foundation Manager said: "We are absolutely delighted. It will make a massive difference to our work. The funding will specifically go towards counselling provision on the unit so that when parents feel they need extra help, a counsellor can offer them psychological support."

Cheques were also presented to Bramble Academy, Children's Bereavement Centre, Crossroads Care North Nottinghamshire, Destiny Cheer, Homestart Mansfield, Jerry Green Dog Rescue, Learning Ladder Childcare, National Autistic Society, NIDAS, Reach Learning Disability SHE-UK.

Good causes can apply to the fund twice a year for up to £2,000. The second round of funding is expected to be announced in May. There is no limit on the number of times good causes can apply for a grant.

The money can be used for anything from one-off expenditure on buildings and equipment and things like publications and staging performances and exhibitions, to help with rent and room hire, office costs, utility bills, training, transport and even employee salaries.

Groups bidding for grants must satisfy eligibility criteria, including being a not-for-profit group bringing local benefit to the community. The bids are then further scrutinised and approved by a panel of council officers and the Mayor.

Local charities and groups can also join the 78 registered good causes that have signed up to benefit from ticket sales at www. robinhoodlottery.co.uk. When approved, registered causes have their own page on the lottery website and access to marketing and promotional materials to encourage supporters to buy tickets.

More than 600 players buy tickets each week for a chance to win £25,000. Winners are announced online each Saturday at 8pm.

The Robin Hood Lottery is set to raise over £35,000 for good causes in Mansfield in its first year.

For more information on the community fund and how to apply, go to **www.mansfield.gov.uk/robinhoodcommunityfund.**

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WARSOP Footpath & Countryside Group

Spring is coming!

There may already be frog spawn in ponds and hawthorn hedges will be coming into leaf later in March. In shaded areas look out for Dog's Mercury, Lesser Celandine, Dog-Violet and Wood Anemone flowers.





In more open areas there should be the yellow blooms of Dandelions and Colt's-Foots then Cowslips may join them at the end of the month. If conditions are favourable Peacock and Brimstone butterflies may be seen.

In addition to our work focussing on maintaining footpaths and wildlife sites Warsop Footpaths & Countryside Group are also involved with other groups working to improve the local environment. We are members of the Greenwood Community Forum, a network of local voluntary groups who meet regularly to share ideas and expertese. They are closely linked to the Greenwood Community Forest team at Nottinghamshire County Council who have supported many environmental and educational projects, including tree planting and school activities in our parish. In 2013 Eastlands Junior School was the recipient of one of their awards.

The Nottinghamshire Biodiversity Action Group (or NottsBAG for short) plays an important roll in monitoring and managing important wildlife species. We liaise with them over the control of non-native invasive species and the recording of water vole activity.

We are one of three community groups regularly represented at meetings of the Sherwood Catchment Partnership. The partnership's vision is to conserve and enhance the Rivers Meden, Maun and Poulter together with their tributaries and surrounding land to create a healthy and wildlife rich water environment for the benefit of both people and biodiversity. These meetings bring together representatives from organisations including the large estates, the Environment Agency, Notts Wildlife Trust, and Severn Trent, working on projects ranging from multi-million pound enterprises to low-cost tasks tackling an issue in a small area. Our involvement has focussed on managing Himalayan balsam, promoting riverside walks and contributing to discussions over projects to improve water quality in Sookholme Brook.

We are approaching the quietest time of the year for Warsop Footpaths & Countryside Group. Summer is the time for mowing along Warsop's public footpaths and bridleways, in autumn we manage grassland sites around the parish and during winter we trim back hedges. In spring there is space whilst we are waiting for the grass to start growing when we may clear woodland paths, look after the signs marking paths, litter pick and check over tools ahead of our busiest period. Get in touch if you would like to join us for a couple of hours in the countryside on a Thursday morning.

The next Footpaths Group walk should be on Saturday 16th March. At this time of year we tend to focus on local walks around the Warsop area. We usually meet at 10am outside Warsop Library and either walk from there or travel to a starting point by car. More details nearer the time on our Facebook page or by contacting us by phone.

warsopfcg@icloud.com www.wfcg.org.uk warsopcountryside.wordpress.com

Our Secretary can be contacted on 01623 846281.

WF&CG is a community group whose members share an interest in the countryside. We maintain the public footpath network in Warsop, we undertake conservation projects and we provide information about the local environment. www.wfcg.org.uk

FREE Weekly Health Walks

Rufford Country Park conducts a weekly health walk every Monday afternoon (Except Bank Holidays) starting at 2pm.

We meet in the Craft Centre Courtyard at the Abbey end of the park. The walks are FREE, open to all, last about an hour at a fairly gentle pace in the varied scenery of Rufford. The walk is followed by tea/coffee and biscuits (small donation appreciated).

For further information please contact Steve at Rufford rangers on 01623 821335 or email steve.koefoed @nottscc.gov.uk

FREE In Step Walks

A fun way to improve your health and make new friends.

In Step Walks - March 2019

Day	Date	Time	Venue	Grade
Sunday	March 3	10am	Fountaindale	Moderate/Long
Monday	March 4	10am	Hardwick Hall	Strenuous
Thursday	March 7	10am	Pleasley Circular	Moderate
Sunday	March 10	10am	Kirkby Parks	Moderate
Monday	March 11	10am	Oak Tree Heath	Moderate
Thursday	March 14	10am	Meden Vale	Moderate/Long
Sunday	March 17	10am	Burnt Stump	Moderate
Monday	March 18	10am	Felley	Strenuous
Thursday	March 21	10am	Boundary Wood	Moderate
Sunday	March 24	10am	Skegby	Moderate
Monday	March 25	10am	Scarcliffe	Moderate
Thursday	March 28	10am	Bestwood Country Park	Strenuous
Sunday	March 31	10am	Shirebrook Woods:	Moderate

For more information telephone:

07951 968366 for the Sunday walks **07951 945407** for the Monday walks **07563 702547** for the Thursday walks

Buggyfit ClassesIt's not just a walk in the park

Buggy classes which are held at Sherwood Pines are designed to help mums get back into shape after their new arrival as well as to enjoy a walk through the woods to help burn calories.

A fun, fitness class for mums and babies.
The classes run every Friday from 1.30pm - 2.30pm.
The cost is £3 a class or only £2 with Discovery Pass.

Mums should book on 01623 822447

WARSOP MEN'S PROBUS CLUB



The club is for retired men.

Members include, Miners, Teachers, Ex military, etc

We meet on the 2nd Wednesday of month at 10am at the Stable Barn which is located to the rear of Tudor Barn to enjoy tea, coffee and biscuits.

The meeting starts at 10:30am and includes a talk from a guest speaker with a break for drinks from bar followed by a 2 course meal. Past subjects: Teaching, Photography,Life in military, ect We are an informal group and some members who live on their own enjoy the company of like minded members

Interested?

Phone Hugh Aston 01623846748 so a meal can be booked. If a meal is not wanted just come along and give it a go. You'd be most welcome.

Next meeting 12th September 2018

On Your Doorstep

Local Walks for Mansfield & Ashfield

SUNDAY WALKS

As well as our Monday to Friday walks programme, we offer a Sunday walk on the 1st and 3rd Sunday of every month.

These walks still start at 11am but are typically around 5 to 6 miles and take up to 2½ hours, will also offer a longer option.

3rd March South Forest Complex, Edwinstowe NG21 9JF
7th April The Lurcher, Westbrook Drive, Rainworth NG21 0FB
21st April Horse & Groom, Scarcliffe S44 6ST

Joining one of our walks could help you feel more confident, introduce you to new friends and help you take those first steps to a more active lifestyle.

See our Facebook Page – OYDmansfieldandashfield

Walks during the winter months can be muddy in parts There's no need to join anything. Anyone can come along. All the walks are led by trained walk leaders and, what's more, they're FREE

Whether you want to get fitter, lose weight, make new friends or just get out more – our walks are for you. At the end of every walk there is the opportunity to have refreshments and a chat.

On Your Doorstep also offers its walkers a full programme of social activities throughout the year.

Monday to Friday walks all start at 11am and take up to 90 minutes. Shorter walks available every Friday upon request

MONDAY WALKS

Walks all start from Brierley Visitors Centre, Huthwaite NG17 2PL and are mainly within Brierley Forest Park.

TUESDAY WALKS

5th March	The Rufford, Chesterfield Rd NG 19 7ES
12th March	Pleasley Pit Cafe, Pit Lane, Pleasley NG19 7PH
19th March	The Greyhound, High St. Mans W/H NG19 8BD
26th March	Pleasley Pit Cafe, Pit Lane, Pleasley NG19 7PH
2nd April	The Rufford, Chesterfield Rd NG19 7ES
9th April	Pleasley Pit Cafe, Pit Lane, Pleasley NG19 7PH
16th April	The Greyhound, High St. Mans W/H NG19 8BD
23rd April	Pleasley Pit Cafe, Pit Lane, Pleasley NG19 7PH
30th April	The Rushley, Nr West Notts College NG18 4SN

WEDNESDAY WALKS

6th March	Vale Hotel, Warsop Vale, NG20 8XE
13th March	Sherwood Forest Visitors Car Park, Edwinstowe (£4)
20th March	3 Lions, Netherfield Ln, Meden Vale NG20 9PA
27th March	Vicar Water Visitors Centre, Clipstone NG21 9AA
3rd April	Riverbank Medical Services, Warsop NG20 0BP*
10th April	South Forest Complex, Clipstone Rd NG21 9JF
17th April	3 Lions, Netherfield Ln, Meden Vale NG20 9PA
24th April	Vicar Water Visitors Centre, Clipstone NG21 9AA

* Riverbank Medical Services does not have a car park.

If arriving by car, please use one of the town's car parks or side streets.

THURSDAY WALKS

7th March	Triple S Club, Mansfield Road, Skegby NG17 3ED
14th March	Sundial, Portland Square, Sutton-in-Ashfield
21th March	Triple S Club, Mansfield Road, Skegby NG17 3ED
28th March	Sir John Cockle, Sutton Road, Mansfield NG18 5EU
4th April	Triple S Club, Mansfield Road, Skegby NG17 3ED
11th April	Sundial, Portland Square, Sutton-in-Ashfield
18th April	Triple S Club, Mansfield Road, Skegby NG17 3ED
25th April	Sir John Cockle, Sutton Road, Mansfield NG18 5EU

FRIDAY WALKS

These walks start from the centre of Mansfield Marketplace (Bentinck Memorial). These walks are suitable for beginners

For more details contact: Andy on 07756 350 250 or Keith on 07527 160 339 or email keithwallacewfh@gmail.com

Mansfield Fly Tipper Jailed

A man has been jailed for fly tipping waste in Mansfield. Tadas Voronicas, aged 23, of Walton Street, Sutton-in-Ashfield, received a three-day sentence to run concurrent to a 12-month jail sentence for perverting the course of justice in relation to driving offences.

The case, at Nottingham Crown Court on 25 January 2019, follows the conviction at Mansfield Magistrates' Court on 9 November 2018 of garage owner Andrius Vigelis, aged 37, of Arthur Street, Mansfield, who pleaded guilty to failing to comply with his business duty of care in respect of waste.

Voronicas and Vigelis were prosecuted by Mansfield District Council after a large amount of waste, including general waste and car parts, was found fly tipped in Newlands Road, Mansfield, on 4 December 2017.

The magistrates heard that Vigelis had been renting a garage in Arthur Street and had been storing business waste in a customer's van.

He accepted that by storing waste in the van he had not taken reasonable steps to prevent the waste being fly tipped, but said that he had not given permission for his waste to be dumped.

The magistrates fined him £320 and ordered him to pay £250 in costs and a £32 victim surcharge.

The council's case against Voronicas, who admitted fly tipping, was heard by Mansfield magistrates on 28 December 2018 and the case was committed for sentence to Nottingham Crown Court where

charges for perverting the course of justice, brought by the Crown Prosecution Service, were also listed to be heard.

Nottingham Crown Court heard that Voronicas had used the van and dumped the waste in Newlands Road.

Jailing Voronicas, His Honour Judge Spencer QC said there was "great and legitimate public concern" about fly tipping.

He went on to say that what Voronicas had done was "a blatant example of finding a country location and dumping harmful rubbish on what would otherwise be a pleasant bridleway.

"It spoils the countryside for so many people, and whilst you had this prosecution hanging over you, drove with excess alcohol and then masqueraded under a false identity."

After the case, Cllr Bill Drewett, Portfolio Holder for Safer Communities, said:

"We hope these cases serve as a reminder to people that the council takes the problem of fly tipping very seriously and we will prosecute whenever possible.

"No one likes to see fly tipping and every resident and business has a duty to ensure that their waste is disposed of responsibly.

Mansfield Store Selling Unsafe Food Must Pay £4,100

A Mansfield store has been ordered to pay a total of £4,100 after being found selling items of food that were months past their use-by dates.

At Mansfield Magistrates' Court on Friday 8 February 2019, Dayim Ltd, which operates Cagla UK Market, in Ladybrook Lane, admitted three offences under food safety and hygiene regulations.

The court was told that the charges related to putting food out for sale that was unsafe, failing to register the food business with Mansfield District Council and failing to put in place food safety procedures.

The prosecution by Mansfield District Council followed a routine food hygiene inspection at the store by council environmental health officers on 18 April, 2018.

The officers found that numerous high-risk items including cured meat, fish, paté and yoghurts were past their use-by date. Of 145 items voluntarily surrendered for disposal, 88 had expired useby dates and some products had been re-labelled into English incorrectly.

Officers found that there was no food safety management system on site and there was no record of temperature monitoring for the fridges.

In sentencing, Chairman of the Bench Mr Ian Kirk said that "some of the items were a week or so out of date but some were months out of date".

He added: "It is disappointing that you took on a business with no knowledge of how to run it and also disappointing that your employee had no training as to what she should do in her job role."



Dayim Ltd was fined £1,000 for each offence, and ordered to pay £1,000 towards prosecution costs, as well as a victim surcharge of

After the case CIIr Bill Drewett, Portfolio Holder for Safer Communities, said: "If it had not been for the council's diligence in carrying out a routine check on this shop, these food hygiene offences may never have come to light until someone had become ill from eating

"It is vitally important that all food businesses register with the council so that proper hygiene standards can be put in place and monitored."

Domestic Abuse Bill Welcomed by MP

Ben Bradley MP has welcomed the Domestic Abuse Bill which is set to ensure that millions of domestic abuse victims across the country receive the support they need and that perpetrators are targeted effectively.

It is estimated that around two million adults experience domestic abuse each year, almost 6 per cent of all adults. The Domestic Abuse Bill will lead the way in bringing about the changes we need to tackle domestic abuse.

Domestic abuse victims will be able to access new measures to protect them. New laws will, for the first time, create a legal definition of domestic abuse, to include economic abuse and control. Legislation will also ban abusers from cross-examining victims in family courts.

Measures will include:

- The first ever statutory definition of Domestic Abuse to recognise that abuse is not just physical, but can take many different forms – including psychological, physical, sexual, economic and emotional.
- Establishing the office of the Domestic Abuse Commissioner to stand up for victims, monitor the provision of domestic abuse services, and hold the government to account.
- Better support for victims when in court and new protection orders to force perpetrators to attend rehabilitation programmes where substance abuse is a factor in abuse.

- Banning the cross examination of victims in the family court by litigants in person.
- A suite of non-legislative action including further work to support children affected by domestic abuse and additional funding for disabled, elderly, male, and LGBTQ victims of domestic abuse.

Commenting, Ben Bradley MP said:

"This Bill is an important step forward in tackling domestic abuse. The legislation will recognise that abuse is not only physical but can take many different forms. Different kinds of domestic abuse can often go unrecognised or unchallenged so it's important we update and recognise this in our legal system. The bill will also help support victims and provide extra care for children that have been affected

"This is an issue that I have been looking at closely since being elected and I would like to thank local charity NIDAS (Nottinghamshire Independent Domestic Abuse Services) for the work that they have done locally on this issue. Last year I brought Home Office Minister Victoria Atkins MP to Mansfield to meet staff, volunteers and service users from NIDAS and I hope to continue to work with the charity to support their work."



PCSO 4279

PCS0 7297

Police Team Contact Details

Tel: 101 ext 805 3177 • Mobile: 07970 183213 Email: kev.parsons@nottinghamshire.pnn.police.uk

PCSO Dee Eyre 7297 Tel: 101 ext 805 3177 • Mobile: 07595 074 127

Email: deanie.eyre@nottinghamshire.pnn.police.uk **PCSO Katharine Spowage 4279** Tel: 101 ext 805 3177 • Mobile: 07971 784174

Email: katharine.spowage4279@nottinghamshire.pnn.police.uk **Warden Contact Details**

MDC Warden Adrian Tinklin Tel: 07791 481678 Email: atinklin@mansfield.gov.uk

Mansfield District Council - Anti Social Behaviour Team Tel: 01623 463377 Web: asb@mansfield.gov.uk

Please remember that if you are reporting a crime you need to contact Mansfield Police Station on 101 or in the event of an emergency to ring 999.



Domestic Violence Don't Suffer in Silence THERE IS HELP FOR YOU

Women & Children Nottingham 24 hour freephone domestic violence helpline:

Mens Advice Line: www.mensadviceline.org.uk 0808 801 0327

0808 800 0340 In an emergency, please phone the Police: 999





NIDAS is a registered charity, and our main aim is to help people experiencing domestic abuse.

What services do we provide?

Support for women Support for Children

Tel: 01623 683250 Tel: 01623 683250

For information go to our website www.nidas.org.uk

Residents Praise Their New Homes at Mansfield's **Town View**

Residents of Mansfield District Council's latest housing scheme are delighted at the high standard of their new homes.

Town View, which has transformed the site of the former General Hospital on West Hill Drive, Mansfield, that was derelict for 20 years, was officially opened on Monday (11 February) by Executive Mayor Kate Allsop who cut a ribbon to mark the occasion.

The senior person's living scheme has 42 apartments and 12 $\,$ bungalows for over 55s who are active as well as those who may need additional support and care.

The secure gated development offers more housing choice for older people with homes available for rent and six shared ownership bungalows, funded by £126,000 from Homes England.



Resident Mrs Pauline Palmer said: "There's no comparison between this and where I lived before. It's absolutely lovely – the apartment is so big and has great storage space. I can't wait for summer to go out into the garden. We went to view Poppy Fields but we missed out and waited for Town View. It's been worth the wait."

Mrs Connie Perry said: "I love the fact it is near town and I can walk there. It's quiet and everybody I've met so far is very friendly. I'm looking forward to spending time out on the sun terrace.

David Guy, a foot health practitioner who was visiting Town View on business, said: "In seven years of working at residential homes around the Mansfield and Ashfield areas, this is the best I have ever seen - well done to all involved."

Mrs Linda Hornsby and her partner David moved into their twobedroom bungalow before Christmas. She said she used to live in a terraced house with steep stairs, which proved very difficult as she has bad knees.

She said: "It is that quiet here you could be in the middle of the countryside. But town is on your doorstep and you can walk in to the centre if you don't want to drive. I love that my front door opens straight onto the garden."

The homes are positioned around a landscaped village green setting, with a trim trail and outdoor fitness equipment. Inside, there is a reading room, craft room, a first-floor sun terrace, lounge and dining room.

Executive Mayor of Mansfield Kate Allsop said: "We are so pleased that people are benefiting from these high-quality homes, which allow them to remain independent while also providing support when needed now or in the future.

"This is an excellent example of how the district council is working in partnership to bring a key site back into productive use and provide much-needed housing for our older residents."

Councillor Stuart Wallace, Nottinghamshire County Council's Adult Social Care Committee Chairman said: "Town View is an excellent scheme, which has been designed to meet the varied housing needs of older people. The scheme includes ten housing with care apartments, which have been funded by £400,000 from Nottinghamshire County Council.

"Wherever possible, the County Council aims to support people to remain living in their own homes. For people that do need more support, housing with care schemes offer older people the privacy of their own self-contained home, with personal care and support available on hand when needed. I am delighted that Nottinghamshire County Council and Mansfield District Council have worked in partnership to deliver this valued scheme:

Caroline Cormack, Head of Home Ownership and Supply in the Midlands for Homes England, said: "It's great to see Homes England funding being put to use to support the provision of this excellent independent living scheme for the over 55s. The former General Hospital site has been revitalised to accommodate a mix of shared ownership and rental homes which will offer older people in Mansfield the opportunity to live independently in a home of their own that is tailored to suit their needs."



Council's Private Homes Scheme on the Market

New council-developed private homes, which are expected to be among the most prestigious properties being built in in Mansfield, are now available to buy.

The 23 executive four and five-bedroom detached houses are being developed by Mansfield District Council's property development company Mansfield Homes Ltd.

The venture was set up by the council as an arm's length private company to build homes on surplus council land as a way of generating income to help support services for local people in the face of a dwindling Government grant.

In its first scheme, Wildflower Rise, on old nursery land owned by the council near Carr Bank Park, the luxury properties range in price from £415,000 to £540,000 and are expected raise £900,000 for the council.

The decision to build for the executive end of the market has been based on a need to improve the supply of aspirational housing in the district, and in order to maximise the income generated by development.

Separate to this private housing to buy, the council also has plans to build new social housing to rent. Over the next five years, more than 100 new council homes will be constructed in the district. This comes on top 218 new council homes built in the district between

Executive Mayor Kate Allsop said: "We are very excited to see these beautifully designed homes taking shape in Wildflower Rise.

"We know there is a market for this kind of housing in the town and it is part of the council's wider strategy to make this district more ambitious in its aspirations and a place where people are proud to live.

"It is also part of the council's innovative approach to generate new streams of income to pay for services at a time when our central Government funding is shrinking considerably.

"Around a third of local authorities have also adopted this approach as a way of generating income."

Mansfield Homes Ltd was set up in 2014 with the aim of building about 220 two to five-bedroom homes to sell on the open market to help meet housing demands in the district as identified in the draft Local Plan.

The Plan recognises that 1,767 new homes are needed by 2033 in addition to the 5,733 dwellings that are already approved for planning and development.

Mansfield Homes' sole shareholder is Mansfield District Council. The council directors of the company are the Executive Mayor, Kate Allsop (who is also the chair of the board) and Hayley Barsby, the council's Chief Executive. Neither are paid a fee for this work. There are also two independent directors with financial and housing skills who are each paid £4,000 per annum.

The company has been started using an £8.8m loan from the council to fund the first project. The company pays the council a commercial rate of interest on this loan, which is expected to be repaid in full once the 23 homes in Wildflower Rise are sold.

The company operates by developing surplus council land. It pays the council for this land along with a share of the profit from the sale of the properties. The remainder of the profit is retained by the company to facilitate further schemes.

All of the company's activities are rigorously held to account under statutory requirements that govern companies, as well as being accountable to the council as its sole shareholder.

Work on the Wildflower Rise homes is scheduled to be complete in September. A show room is due to open in May.

The houses are being marketed by Burchell Edwards estate agents in Mansfield and potential buyers can now reserve a property.

Contact the agents at Mansfield@burchelledwards.co.uk or call 01623 627727.

Opticians Finishes Successful Year of Fundraising for Reach



Sarah Cobb from Reach Learning Disability is presented with a cheque by Peter Herniman from Pinders Opticians. Reach was Pinders' 2018 Charity of the Year.

Pinders donates over £3000 to local charity

Local independent Pinders Opticians, which has five practices in North Nottinghamshire, has announced their charity fundraising total for 2018. Throughout the year, the practices supported Reach Learning Disability, an organisation that supports people with learning disabilities in Nottinghamshire. Pinders managed to raise a total of £3660.66, which they recently presented to Reach.

Each year, Pinders selects a different local charity or not for profit organisation to support for the next 12 months. To raise funds for Reach in 2018, Pinders organised a range of charity events throughout the year including a book sale, raffle and a fashion show.

"2018 was a phenomenal year for us and we had a lot of fun raising all that money for Reach in the process," said Peter Herniman, Director at Pinders Opticians. "A big thank you to Reach and my super Pinders team for a great collaborative effort last year. We are looking forward to doing it all over again this year."

Pinders will soon be announcing their 2019 Charity of the Year and first fundraising initiative for the chosen organisation.

Pinders Opticians has provided professional eye care in North Nottinghamshire since 1946. As an independent business, the practices are very much a part of the local community. Based in Mansfield, New Ollerton, Southwell and Warsop, Pinders offers a comprehensive range of glasses, sunglasses, contact lenses and visual aids to meet the needs of local people.





Love takeaways and looking for a healthier option? In Mansfield diners are being urged to choose a 'HOT' meal.

HOT stands for Healthy Option Takeaway, a Nottinghamshire scheme that encourages takeaways to offer healthy choices on their menus. It is part of Mansfield District Council's wider strategy to improve the health of citizens in the district.

The scheme, run by Nottinghamshire County Council in partnership with local councils, awards outlets a HOT merit for those which are committed to offering healthier ways of preparing and cooking food and drink for their customers.

Those that meet healthy options criteria can display the HOT logo at their premises and on marketing materials. In Mansfield, takeaway businesses can apply for a HOT merit if the business has a food hygiene rating of three or above and offers healthier food options.

This can include things like offering to grill, bake, poach or steam food instead of frying it, removing salt from tables and counters, offering whole grain pasta, brown rice or whole grain bread, offering a vegetable side or salad as part of a meal, or offering smaller portion size options for adults.

The aim of the scheme is to help tackle obesity in Nottinghamshire where the number of people who are overweight is above the national average, according to official figures for 2016/17.

In Mansfield 63.9% of people are rated as obese, the third highest rate of districts in the county, but an improvement on official figures from 2014 which showed Mansfield as having the worst obesity rates in the county.

East Midlands region: 63.3%

England: 61.3%

Ashfield: 74% Bassetlaw: 66.4% Mansfield: 63.9%

Newark and Sherwood: 63.6%

Rushcliffe: 63.3% Gedling: 61.9% Broxtowe: 58.7%

Cllr Andrew Tristram, Portfolio Holder for Environment and

"What you eat and how much is so important for maintaining a healthy weight, and choosing healthier foods is easier than you might think.

"We would encourage people to look for the HOT logo when they choose to eat takeaway food as it is a sign that there are healthy dishes

Businesses that have qualified for the **HOT accreditation in Mansfield include:**

- Pleasley Landmark Centre
- Nando's
- Forever Green Restaurant
- Rico's
- Smokey G's
- The Clove
- 🎔 I-Jump
- Westgate Deli
- The Cob Cabin
- Crunch
- Mega Bites
- Titchfield Tea House
- 🥟 West Nottinghamshire College: Diner

The Shiny Spoon

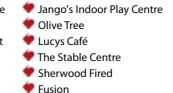
Wilkinson's cafe

- Food 4 All Seasons
- Caseys Coffee Bar

- DW Fitness First

- Playmania

- 🥟 West Nottinghamshire College: Deli Bar
- Water Meadow Swimming and Sports Complex



- The Rustic Crust Wood Café
- Timecafe bar
- Silver Café Sid and the Spoon
- Brimbles
- 🌹 Pitstop Café



The merit lasts for two years, or less if the takeaway has a change of owner or cuisine. There is no cost for applying for the merit.

Everyone Health, Nottinghamshire County Council's obesity prevention and weight management service, is supporting the HOT scheme by raising public awareness of it and encouraging new businesses to sign up to it. For more information see www.nottinghamshire.gov.uk/hot.

The Warsop, Meden Vale & District Branch

The Royal British Legion DROP-IN CENTRE WARSOP TOWN HALL

1st Friday of each month, 10am to 12noon

We provide practical support to serving men and women, veterans (ex-Service of all ages) and their families.

Explore how we can help you and get in touch for advice, information and guidance. We can also help provide breaks for carers, families and children. (Fully confidential service)

We can help with:

- Compensation Claims
- Inquest and Bereavement
- Care Homes
- Help Around the House
- Financial Problems
- Returning to Civilian Life
- Dementia Care

We're here to serve you.

For more information please ring: 07889 181026 or email: rblwarsop@gmail.com

No Rise in **Mansfield's Council Tax** for Ninth **Year in a Row**

Mansfield District Council's element of Council Tax has been frozen for the ninth consecutive year as councillors approved the 2019/20 budget at a meeting on Wednesday 23rd January.

An amendment from the Labour group to increase Council Tax by 2.7% - an increase of £4.99 a year for those in Band D properties - was lost with 19 votes against the amendment and 14 in favour of it. The original proposal to freeze Council Tax was then passed with 18 votes in favour and 15 votes

The council needed to find a total £3.1m of savings to balance the budget at a time when there is increased demand on services.

Of that figure, £1.1m is due to the need for capital improvements to the council's assets and investment in ICT and council transformation plans and the remaining £2m is from the cost of providing services.

In order to meet the future needs of residents and businesses, the council has an ambitious growth and investment strategy as well as a challenging transformation programme to redesign processes and make more services accessible online.

The budget shortfall is mainly due to the continued cuts in Central Government grants, which have dropped from £10.366m in 2010/11 to £3.638m in 2019/20 - a reduction

The majority of savings will be achieved through the council's Transformation Plan, flexible use of capital receipts, returns on investments, the streamlining of services, a senior management restructure, workforce reductions and reserves.

Fees and charges were approved with any increases in line with inflation (2%) or to reflect the cost of the service.

The council's Capital Programme includes £55m, which is being used to purchase further properties to generate additional income through rent to replace some of the lost government funding and help to balance the council's

Presenting the budget, Cllr Roger Sutcliffe, Portfolio Holder for Finance, thanked all those who had contributed to the budget.

Cllr Sutcliffe said:

"We are pleased that the council's will was to agree the budget for 2019/20. Whilst there was appreciation from all that there are significant challenges facing the authority from cuts to government funding, we have continued to vote for no increase in Council Tax."

Cllr Amanda Fisher proposed the defeated amendment to increase Council Tax by 2.7%.

Seconding the amendment, the Leader of the Labour group, Cllr Sonya Ward, said any increase would be used to reduce the impact of Government cuts on the people within the community. She said:

"An increase of 6 pence a week, or £3 a year for Band A properties, would create a safer and cleaner Mansfield. This is about doing the right thing, not the easy thing."

The Council Tax freeze means that Band D properties in the district will continue to pay £184.72 a year for Mansfield District Council's services.

This does not include contributions to Nottinghamshire County Council, Police, Fire Service and for Warsop residents, Warsop Parish Council.

The total Council Tax bill will be confirmed on 5th March.

MP Hosts Event for Improvements to Electrical Safety

Mansfield MP Ben Bradley hosted a reception at the Houses of Parliament for the launch of pioneering guidance to improve electrical safety in social housing.

The Electrical Safety Roundtable (ESR), whose head office is in Mansfield, brought together over 25 social housing providers to develop a new Code of Practice for improving electrical safety in social housing, in response to complaints that there was no formal guidance available.

During the event in Parliament, a new document was discussed which sets out how often the electrical system in social housing properties should be inspected, who should carry out these inspections, and how social housing providers should arrange to gain access to properties. Around 25% of all social housing properties currently do not have installed the Government's recommend 5 safety features.

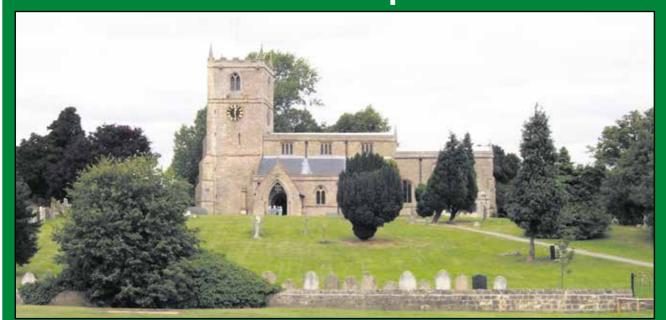
Ben was keen to hear more about the positive impact that the guidance will have on over 8,000 Mansfield households living in social rented properties.

The launch event was sponsored by locally based organisation NAPIT, a leading Government approved and UKAS accredited certification body dedicated to promoting electrical safety. Commenting Ben Bradley MP said:

"It was a pleasure to be able to host local business NAPIT from Pleasley in Parliament as their sector launches a new code of practice. NAPIT are experts of the building services and fabric sector, dedicated to promoting electrical safety and checking industry standards in the UK in commercial and domestic sectors. It is good to see local employers here in Westminster making waves in their sector and brilliant to be able to support their work"

St Peter & St Paul's

The Parish Church of Warsop with Sookholme



The Rev'd Angela Fletcher

The Rectory, Church Rd, Church Warsop Tel: 01623 843290

The Rev'd Jennie Sharpe Curate:

Email: revdjenniesharpe@gmail.com

Reader: Miss Pat Brewin 8 Burnt Oak Close, M/Woodhouse

Tel: 01623 424116

Cemetery opening hours

Month		Opening Times	Closing Times
	Mon -Fri	Sat, Sun and	Mon -Sun
		Bank Holidays	Inclusive
May	8.30 am	9.00 am	8.00 pm
Jun, Jul	8.30 am	9.00 am	8.30 pm
Aug	8.30 am	9.00 am	7.30 pm
Sept	8.30 am	9.00 am	6.00 pm
Oct	8.30 am	9.00 am	5.00 pm
Nov, De	c 8.30 am	9.00 am	4.00 pm

NOTICE TO THE PUBLIC WARSOP CEMETERY

If you have any complaints regarding the Cemetery please contact: Sally Curtis, Registrar of Cemeteries 01623 621811

Sunday Morning

8.30am Holy Communion

10.00am Holy Communion

activities are provided for children of all ages

11.30am Holy Communion

at Sookholme on the 1st & 3rd Sunday of each month.

Sunday Evening

1st Sunday in March, June, September and December - 6pm

Hope and Remembrance Service

Please note that communion can be arranged at home for those unable to get to church.

Parish Centre Bookings

For Wedding and Baptism bookings please call-in at the Parish Centre 6-7pm on Tuesdays.

Mrs Pamela Stevenson our Parish Administrator works from the office in the Parish Centre on Tuesdays from 3.30pm to 6.30pm and on Thursday's between 9.30am and 3.30pm.

We can handle general enquires in person by phone 01623 842165 or by email office@warsopparishchurch.org.uk.

Parish Church 200 Club









A total of £200 was given out in prize money.

Places are still available for those who wish to join the 200 club. Call Jenny on 01623 842487 for more information.

REGISTERS FOR WARSOP PARISH CHURCH

FUNERALS

4th January 2019	Derek Day	81
10th January 2019	Joan Wright	91
15th January 2019	Leslie Wright	85
17th January 2019	Paul Gregson	59
18th January 2019	Garnett Angell	84
22nd January 2019	Eileen Buckberry	87
25th January 2019	Peter Deeming	77
25th January 2019	William Bishop	79
30th January 2019	Janet Higginbotham	83
31st January 2019	Betty Goff	92
4th February 2019	June Everett	89
5th February 2019	Barbara Everett	84
6th February 2019	Barbara Gamble	87
6th February 2019	Gordon Armstrong	82
7th February 2019	Beryl Clarke	87
7th February 2019	Robert Harvey	81

WEDDINGS

5th January 2019 Grea Lawson and Heather Wilson

BAPTISMS

13th January 2019 Oliver Max Crofts 13th January 2019 Adam Lyons 13th January 2019 Jamie Amos Dawson 27th January 2019 Jack Richard Scott 27th January 2019 Harry James Stevenson 10th February 2019 Teddie Wilson

Churches Together - Wiggly Worship

Takes place in the Parish Church of St Peter & St Paul on the second Wednesday of each month 1pm - 2.45pm. All families with pre-school children welcome

Townroe & Son

Funeral Directors High Street, Warsop

MBIE Dip FD

Pre-payment plan available.

A family business offering to the bereaved a complete, courteous and personal 24 hour service.

Call: 01623 842455 Day or Night

Easter

at St. Peter & St. Paul Parish Church Warsop

19th April 2019 Good Friday Workshop for Families 9.30am - 11.15am

- Craft and reflective activities for all ages

Good Friday Remembrance 12noon - 3pm

Combined worship, reflection and activities ending with a solemn

Easter Sunday Services 21st April

Dawn Service 6.00am Said Holy Communion 8.30am Sung Holy Communion 10.00am Holy Communion with hymns at Sookholme 11.30am



WARSOP/MEDEN VALE METHODIST CHURCH SERVICES 2019

		Warsop	Meden Vale
3rd March	10:15am	Mr. P. Shead	Service @ Warsop
10th March	10:15am	Service @ M.Vale	Mr. B.Richmond
17th March	10:15am	Mr. R. Walters	Service @ Warsop
24th March	10:15am	Service @ M.Vale	Rev. Debbie Keegan Holy Communion
31st March	10:15am	Miss A Griffiths	Service @ Warsop

SECTIONAL SERVICES

March 10th@6pm at Ollerton with Rev. Debbie Keegan and Deacon Dave Keegan

Tel: 01623 823192 **Rev: Richard Tanner Rev: Debbie Keegan** Tel: 01623 825469 Tel: 01623 825469 **Dave Keegan**

Gatholic Church

Market Warsop Catholic Dioceses of Nottingham

Parish Priest: Father J Kyne

The Presbytery, 3 Chesterfield Road South, Mansfield, Nottinghamshire NG19 7AB

telephone: 01623 623458

www.saint.joseph.org.uk websites:

www.stphilipmansfield.com spnmansfield@hotmail.co.uk

All enquiries, including baptisms and marriages, to Father John directly. Funeral Directors contact the Parish Priest directly.

Sunday Mass is celebrated at 10.45am

St Teresa's Church Hall

Available for use for all suitable functions: Birthdays, Baptism & Wedding parties etc. Enquiries to: David Pearson 01623 846153

For more information please contact:

St Teresa's RC Church, Ridgeway Terrace, Warsop, NG20 0LX

Email saintteresascatholicchurch@gmail.com Twitter @stteresachurch

Website www.saint-joseph.org.uk/st-teresas/





We will have more information closer to the event so please check our facebook page Warsop Vale Community (friends of Warsop Vale).

ROOM HIRE







Available for hire

An ideal venue for all your conferences, Social events, Meetings and Training sessions.

- Available day or evening
- Large fully fitted kitchen
- Separate lounge area
- Capacity, 200 (140 seated)
- Bar facilities are available

Business lunches for conferences, training sessions and away days are also available

Call: **01623 844034**

ROOMS AVAILABLE FOR HIRE

at Warsop Methodist Church For information call Edwin Tattersall Tel: 01623 843504

SMALL ROOM AVAILABLE in Meden Vale Methodist Church

Would suit a small group up to 25

Ideal for Mother & Toddler, Weight Watchers etc. Tel: Geoff Pickering on 845222 for more details

ROOM FOR HIRE

With fully equipped kitchen • Capacity 100 £6 per hour • Ideal for children's parties etc. Interested in starting up a new group?

Woodside Hall • Church Warsop Community Centre • Church Warsop

WARSOP LIBRARY



OPENING HOURS

CLOSED CLOSED Monday 9.30 - 1.00 2.00 - 5.00 Tuesday Wednesday 9.00 - 1.00 CLOSED Thursday CLOSED CLOSED 9 30 - 1 00 2 00 - 5 00 Friday 9.30 - 12.30 Saturday **CLOSED**

Adult Events

Craft and Chat

Every Friday 2.30-3.30pm

Are you into crafts and would like to share your ideas, meet people, have a chat and maybe be inspired to learn a new craft? Bring your current knitting masterpiece, card creation or whatever craft you have on the go and come share your knowledge and have a cuppa!

Book Delivery

Do you, or anyone you know, enjoy reading but can no longer visit the library? We can bring books, available in large print or as spoken word, to your home on a fortnightly basis free-of-charge. To find out more, contact Warsop Library and speak to a member of staff.

Inspire Learning

Our Nottinghamshire course guide for January – April is now available. Why not pop into the library and pick up your copy to discover the wide range of courses available.

World Book Day Coffee Morning

Wednesday 6th March 10.00 - 11.30 am

Come and join us at our coffee morning, enjoy a cuppa and have a go at our quiz as we celebrate World Book Day.

Children Events

Rattle, Rhyme & Roll

For under 5's every Tuesday 2.15-2.45 pm, term time only. **Booking necessary**

Joining in with songs and rhymes helps little ones with their co-ordination and improves vocabulary. It's good fun too! Meet other parents and make new friends. The library staff look forward to welcoming you!

Children's Activities

Age 5-11, parental supervision required

Saturday 9th March 10.30 - 11.30 am

As part of World Book celebrations why not pop along this morning for some Jacqueline Wilson based fun. Colourful butterflies, puzzles and colourings too!

Warsop Library High Street, Warsop NG20 0TA 01623 842322

warsop.library@inspireculture.org.uk



Market Warsop Football Club

A Charter Standard Community Football Club for young players of all ages and abilities!

Training and playing at probably one of the best home grounds in the county, The John Fretwell Sporting Complex, Market Warsop Football Club are long established in the district & exist to support young players to achieve their potential in sport. We are a family friendly club with fully qualified and DBS checked coaches playing their part in supporting grassroots football in your local area.

Call us on 07925107277 to find out how you can join us! Stop press: New U7's development squad now training & U14's (Yr9)looking for committed players!!

Wednesday and Sunday 10am till 3 pm other days by appointment Leaflets for our popular Wednesday/Sunday walks progra Refreshments available

Displays: Mining & Farming artefacts, World War II & Social History FAMILY HISTORY RESEARCH

RCH Wednesday morning 10-12 £3.00 Tracing your family back to 1800s £60.00 Email Ann for more information on: annfh.lwt@tiscali.co.uk

Please call in or contact us on: Tel: 01623 747601

?00000 Sure Start NOTTINGHAMSHIRE CHILDREN'S TRUST Children's Centres

Child Health Clinic

Have your baby weighed and chat to a Health professional and Children's Centre staff.

BABES

Baby And Breastfeeding Encouragement & Support

Baby Massage and Baby Yoga
A relaxing and stimulating experience for you and your baby
You will need to book a place, please ask for details

Bumps, Babbling Babes Stay & Play session for parents-to-be and families with children aged 0-12 months.

Wonderful 1's

A Stay & Play Session for children aged 12-23 months,

Stay & Play

Parent & child play & socialisation for children aged 0-5 years.

Getting Ready For Nursery Children and their parents will be invited along to this transition group the term before their 3rd birthday.

Incredible Years Behaviour management for children aged 3+ years.

Strengthening Families

Behaviour management for children aged 10+ years. (Limited places available, please ask for details)

Adult Learning

Please ask for details of what courses are on offer this term

• Volunteering Increase your skills & knowledge volunteering with us

Wiggly Worship
Parish Church of St Peter & St Paul on the second Wednesday of each month 1pm - 2.45pm. All families with pre-school children welcome.

For further information on any of the above please contact us on 01623 847766

Carers and Partners Social Group (CaPs)

Stable Barn Parish Centre 11am-3.30pm

The Carers and Partners Group

is for anyone caring for a relative at home of any age or ability and in need of care for any reason. If your partner is already in full time care but you feel the need for support then you are also welcome.

The group has renamed itself CaPs (Carers and Partners Social group).

This is a few hours when we can gather together and share some relaxing time. We open the doors to the Stable Barn in the Parish Centre at 11am when you are invited to take tea and coffee. We have a shared lunch at 12 noon followed by some relaxation and seated yoga for those who wish to participate. We finish with tea and cake and are ready for home around 3.30pm after lots of conversation and companionship.

Unless there is a Bank Holiday we meet on the first Monday in the month So our dates for the remainder of this year are:-

2nd July: 6th August: 3rd September: 1st October: 5th November: 3rd December

Please call Mary on 01623 844720 if you would like to join us



BINGO EVENINGS

4th March 2019

1st April 2019

29th April 2019

3 games of bingo plus flyer and refreshments £5.00 Telephone 01623 842080 for more information All proceeds towards the Oaklands Residential Bungalows

MEMORY LANE CAFE

Come along for a cuppa, a chat, some old songs, quizzes and games. All welcome - No charge

Tuesdays 1pm - 3pm.

5th March 2019 **2nd April 2019**

EASTER FAYRE

Saturday 6th April 2019 10am - 12pm

Many stalls including crafts, handmade cards, tombola, luxury raffle and much more.

Main proceeds towards The Oaklands Centre

01623 844034 - Alison - OAKLANDS 01623 843381 - Brenda - CHARITY SHOP

Warsop Parish Events

Somewhere to go and something to do

Tuesdays

Clearways Counselling sessions. Free and low cost. The Shed, Warsop

Wednesdays

Walks for Health. Every 2 weeks. Meeting at The Carrs car park 12pm alternate 2 weeks at The Three Lions 12pm Meden Vale

Wednesdays

Gardening for Health and Park Litter picks 4.30pm weekly Ossington Gardens.

Thursdays

Emergency station.

Free clothing, toys, emergency food parcel. Dealing with every day stresses. Guidance and sign posting. Warsop Town Hall 12.30-1.30.

Saturdays

Park life at Muggle Ford with the little Mugglers. Painting picnic benches, river clearing, step restoration, litter picking, woodland trails and picnics.

For more details call S. Adey on: 07988756095

WELLINGTON CLOSE • WARSOP

Open Monday, Wednesday and Friday 1pm to 3.30pm when we play bingo and serve tea, coffee and biscuits. Once a month we have a social evening with a meal etc.

If you are interested, please contact any member or just call in at the centre.

WARSOP FOOD SHARE

Please take donations of food items to The Plough

Donations of jars, packets or tins every day after 12pm.
Fresh food inculding vegetables, fruit and bread Friday only Co-op has a donation bin near the check out

For those in need call in to The Plough every Friday 2pm - 4.30pm

Breakfast at The Plough

Every Monday 10am

For veterans and serving men and woman Retired or serving firemen and police Wives and partners welcome

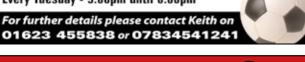
Both projects suggested by ClIr Sharron Adey Put into action by Paula and Mark, hosts at The Plouah

FOOTBALL TRAINING

Football Training Sessions

For girls and boys age 5-7 year olds

At the John Fretwell Sporting Complex, Sookholme Every Tuesday - 5.00pm until 6.00pm



DANCE CLASSES

at Egmanton Village Hall



RING AID

Drop in Clinic

If you require:

- New batteries New ear mould tubing Advice on equipment Opportunity to meet others

- Advice on how to use and clean your hearing aids
 Information on hearing loss and all the services that can help you

Then come along to our planned Hearing aid clinic at:

Warsop Methodist Church

Clumber Street, Warsop, Mansfield, Notts NG20 0LU

The clinics are run on a monthly basis 10am - 12noon Please call for date of next clinic

u would like more information about the services we provide please contact the Adult Support Co-ordinator, Laura Ainsworth, on:

Warsop & District U3A

U3A gives you the chance to develop your interests, make new friends and enjoy yourself. Open to anyone who is retired or semi retired.



THE UNIVERSITY OF THE THIRD AGE

Main Meeting every 2nd Monday of the month, 10.15am. At the Tudor Barn. With many diverse interest groups meeting throughout the month.

> Come and join us. www.u3asites.org.uk/warsop



Jenny on 01623 835946



Having walked to deliver a parcel to a friend, I was pleased to find that the sprinkle of snow had all but disappeared. The broken wrist from the fall last September regularly haunts me!

After the snowdrops and crocus, the hellebores and daffodils have triumphantly fanfared their way into Spring and there are new shoots appearing every day.

We have gained a few new choir members too, which is always pleasing. It is a joy to share our love of singing with like minded people and we hope they enjoy their time with the choir.

We rehearse every Wednesday evening from 7-30pm until 9-00pm upstairs in the Theatre refreshment area at The Dukeries Academy, Ollerton. This is best accessed via the Leisure Centre entrance and car park.

We have a concert performance confirmed for the 6th April 2019. This will be a joint concert with the Newstead Abbey Singers, to be given at St.Paulinus Church in Ollerton.

We sing for all sorts of occasions and our secretary, Pauline, on 07951609217, would be delighted to hear from you if you wish to book us for your anniversary, celebration, fund raising event, charity or just "a bit of a do."

You can find us on: thedukeriessingers.com, Facebook, Twitter, and YouTube.

I wish you all a super well sprung Spring.



LOCAL HISTORY SOCIETY

Meetings are held on the first Thursday of every month, at 7pm at the "Swing" (Vale Hotel), Warsop Vale. The evening includes, a talk by a guest speaker, a raffle and lively discussion with other members.

Everyone Welcome - Please Come Along





for the local football team?

Girlswill currently beinyears 6 or 7 (years 7 & 8 from Sept)

ALL ABILITIES ARE WELCOME TO COME ALONG. For details on training sessions, please visit our Facebook page 'Welbeck Welfare FC Under 13 Ladies' or call Dave 07446896285 or Paul 01623844222



WELBECK ESTATES BRASS BAND

NEEDS YOU!!

We are looking for new players of any age, any standard, we provide the tuition and instruments, all you need to do is join us!

Join us Wednesdays 7:15-9

Unit 3, The Elephant Hut, Welbeck, S80 3LR.

ladyjbrown08@gmail.com/Friends of Welbeck Brass Band on facebook 07889869940

St Patrick's Day 2019

Old Market Square, Nottingham, NG1 2BY Sunday 17 March 2019 • FREE event

The 20th annual Nottingham St Patrick's Day parade returns to the city centre. Celebrating the city and region's vibrant Irish community and descendants, in what is now the largest St Paddy's celebration staged in the East Midlands.

Watch the massed parade which will make its way from Hockley to Old Market Square. It is led this year by County

Head to Old Market Square to enjoy a range of Irish and Irish-

This event is staged by the Nottingham St Patrick's Day Committee through a programme of year-round fundraising. The event is supported by Nottingham City Council and the Government of Ireland.



Coffee Morning

Date: Every Wednesday Time: 10am - 12pm

Starting Wednesday 17th October 2018. Everybody Welcome.

The Sycamore and Poplars Care Home street, Warsop, Mansfield, Nottinghamshire

act Sycamore and Poplars on 01623 846446 Four Seasons





PILATES

at St Teresa's Church Hall, Warsop

Wednesdays 7pm to 8pm

at St Teresa's Church, Clumber Street, Market Warsop, NG20 0LX

Improve your flexibility Increase muscle strength and tone Learn to relax Have fun!

Call Maddy on 07984 367153 or email maddy@rosspritchard.co.uk for more information or to book a place



Benefit Support, Housing Support Debt Advice, Food Bank

Warsop Methodist Church Thursday 9am - 1pm

Meden Vale Methodist Church Friday 9am - 1pm

Find out more by visiting www.fcgroup.org.uk calling us on 0300 3020334 or email info@fcgroup.org.uk

Freedom Community Project, Bolsover Methodist Church, Hill Top, Bolsover, Chesterfield, Derbyshire S44 6NN Tel: 0300 3020334 • info@fcgroup.org.uk

Freedom Community Project is a registered charitable company in England & Wales (No. 1145774 & No. 7872614

Freedom Community Project is authorised and regulated by the Financial Conduct Authority (FCA) FRN716163



PILATES at The Shed

tone up | improve your strength and flexibility | learn to relax | have fun!

Weekly Sessions • Every Thursday Session 1 - 9:30-10:30 • Sessions 2 10:45-11:45

at The Shed @ The Adam Eastwood Building, Wood Street, Market Warsop, NG20 0AX

Join us for weekly Pilates sessions at The Shed for a full body workout using core muscles to help improve your posture and flexibility. You will learn the following principles of pilates

- Breathing traditional method lateral breathing
- Core Control foundation of your move
 Precision awareness of your muscles
 Flow help fluidity and grace
- Concentration for your mental awarener Control to help your exercise technique

Suitable for people of all ages who are total beginners or who have not practiced for a long time.

Please note that you will need to bring along an exercise mat, small towel and water (The Shed has some pilates mats if you do not have your own). If you have any medical problems, please check with your doctor before attending the sessions

> Call Maddy on 07984 367153 or email maddy@rosspritchard.co.uk for more information or to book a place

Fit Together

(or just sit together, if you prefer)



Tuesday Activity Sessions

for adults of all ages and abilities

Every Tuesday, 9am to 12noon

at The Shed @ The Adam Eastwood Building, Wood Street, Market Warsop, NG20 0AX

Join us on Tuesday mornings at The Shed for fun, social sessions for adults of all ages and abilities. Come along for a tea, coffee and a chat, and join in with the activities if you want to. £2 donation per session.

Socialise over tea and coffee • table tennis • pool • soccercise gentle exercise . games . bowls . make friends and have fun!

Delivered in partnership by Warsop Youth Club, Vibrant Warsop, Mansfield District Leisure Trust and Sport 4 Kidz

Just come along to any of the sessions or, for more information, call Maddy on 07984 367153 or email maddy@rosspritchard.co.uk







